

FOUR-YEAR PLAN

Health Science—Pre-Physical Therapy, B.S.

15 to Finish



Semester 1

Course	Credits	Grade	✓
ENGL 101: Composition & Rhetoric I	3	C*	<input type="checkbox"/>
BIOL 121/L: Foundations of Biology I w/ Lab	4	C	<input type="checkbox"/>
HS 101: Introduction to Health Sciences	3		<input type="checkbox"/>
MATH 103: College Algebra	3		<input type="checkbox"/>
SOC 101: Introduction to Sociology	3		<input type="checkbox"/>
UNIV 100: CU Foundations for AT Majors	1		<input type="checkbox"/>

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Semester 2

Course	Credits	Grade	✓
ENGL 102: Composition & Rhetoric II	3	C*	<input type="checkbox"/>
BIOL 122/L: Foundations of Biology II w/ Lab	4	C	<input type="checkbox"/>
MATH 104: College Trigonometry	3		<input type="checkbox"/>
PSY 101: General Psychology	3	C	<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>

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Semester 3

Course	Credits	Grade	✓
BIOL 249: Medical Terminology	3		<input type="checkbox"/>
BIOL 335/L: Anatomy & Physiology I (with Lab)	4	C	<input type="checkbox"/>
CHEM 101/111: General Chemistry I with Lab	4		<input type="checkbox"/>
H ED 305: Human Disease	2		<input type="checkbox"/>
PSY 229: Health Psychology	3	C	<input type="checkbox"/>

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Semester 4



Course	Credits	Grade	✓
BIOL 336/L: Anatomy & Physiology II (with Lab)	4	C	<input type="checkbox"/>
CHEM 102/112: General Chemistry (with Lab)	4		<input type="checkbox"/>
EXSS 315: Kinesiology and Biomechanics	3		<input type="checkbox"/>
MATH 105: Elementary Statistics	3	C	<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>

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The Bachelor of Science in Health Sciences—Pre-Physical Therapy degree prepares

students for entry into Physical

Therapy School. Students are presented with the classroom knowledge, hands-on skills, and practical experiences to assist them in achieving satisfying careers and making positive contributions to their profession and communities.



MILESTONE COURSES

Courses marked as Milestone

Courses are crucial for staying on

track to complete your degree in four years. Take

them in the recommended semester to stay on

track! If you see a recommended minimum

grade, this is the grade you need to earn to have

the best chance for success in this degree!

Grades marked with an asterisk are required to pass.



LANDMARKS

Points where you see a landmark

icon on the four-year plan indicate

you have reached a point of action outside

regular coursework! See the Helpful Hints for

information on each landmark.

Helpful Hints

- Semester 1—Must have a composite ACT score of 18 or above to take BIOL 121. Otherwise, you will take BIOL 101: Biology: Human Body.
- Semester 1 & 2—ACT/SAT scores determine mathematics placement. It is recommended to take MATH 104 (if needed) earlier as it is a prerequisite for PHYS 101/201. ACT of 25+ or Math SAT of 600+ waives MATH 103 as prerequisite to MATH 104.
- Semester 4 Landmark—It is recommend that students start reviewing prospective Physical Therapy graduate programs and the admission criteria for those programs.

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Semester 5

Course	Credits	Grade	✓
EXSS 314: Exercise Physiology	3	C	<input type="checkbox"/>
EXSS 314L: Exercise Testing and Prescription	1		<input type="checkbox"/>
HS 301: Public Health Epidemiology	3	C	<input type="checkbox"/>
PHYS 101: Introductory Physics I	4		<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>
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Semester 6

Course	Credits	Grade	✓
EXSS 410: Strength & Conditioning	3	C	<input type="checkbox"/>
PSY 370: Physiological Psychology with Lab	4	C	<input type="checkbox"/>
PHYS 102: Introductory Physics II	4		<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>
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Semester 7

Course	Credits	Grade	✓
HS 401: Research in the Health Sciences I	2		<input type="checkbox"/>
HED 304: Principles of Nutrition and Weight Management	2		<input type="checkbox"/>
Pre-Physical Therapy Elective	3-4		<input type="checkbox"/>
Pre-Physical Therapy Elective	3-4		<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>
			13-15

Semester 8

Course	Credits	Grade	✓
HED 415: Community Health	2		<input type="checkbox"/>
HS 402: Research in the Health Sciences II	2		<input type="checkbox"/>
HS 201: Emergency Care	1		<input type="checkbox"/>
PSY 422: Abnormal Psychology	3		<input type="checkbox"/>
General Education Course	3		<input type="checkbox"/>
Elective/Minor	3		<input type="checkbox"/>
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ADVISING

When you choose to pursue this degree, you will be assigned an advisor who is an expert in the field of Health Sciences. This advisor can help you with course selection, career planning, resume building, and help you with tracking your path to degree completion.

CAREERS

Physical Therapist

STUDENT ORGANIZATIONS

Majors Club

COMPLEMENTARY MINORS

Health Promotion

Sports Medicine

Helpful Hints

- Semester 5 Landmark—By the end of semester 5 students should have completed 25 -50 hours of clinical observation.
- Semesters 5 & 6—Students may take PHYS 201: University Physics I with Calculus and PHYS 202: University Physics II with Calculus instead of PHYS 101 & 102, if desired.
- Between semester 6 & 7: Take the GRE for the first time and being the admissions process to Physical Therapy School.

