Hello everyone! A lot of you are gearing up for graduation! We at Upward Bound are so proud of all of you & so excited for you as well, can’t wait to see where your next adventures lead you to!

We at Upward Bound are gearing up for our upcoming Summer program, June 12 through July 28th. We are all excited and can’t wait to see your smiling faces again this summer! CU is cleaning up the dorms for you all to come stay with us for what promises to be a great summer! We have an all new summer staff, with most of them being prior Upward Bound students themselves!

The CU cafeteria is making up menus for summer meals, Barb is getting teachers & classes together for you all, Jasmine is busy thinking of ideas of things to do in the evenings, Catrice has been busy taking personal development courses to learn how to better help you all, Melissa has been busy making sure everything is paid for & funds are available for the summer, myself…..keeping track of all your summer applications, reserving rooms for Orientation, collecting early paperwork that your parents are signing, and of course working on this newsletter and making sure all new students have all the info they need. Mike, our fearless Director of course is overseeing all of this & trying to keep us in line! (No easy task! LOL)

Can’t wait to see you all this summer! If you have any questions reach out to your counselor or any of us at anytime!

NEW OFFICE PHONE NUMBERS

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Below is the link to apply for UPWARD BOUND
If you need a hard copy email Geri at gnauck@concord.edu

https://botform.comansol.com/202225108960852

Below is link for summer session!

<a href="https://apps.concord.edu/forms/view.php?id=427801" title="UPWARD BOUND intent for Summer Session">UPWARD BOUND intent for Summer Session</a>
The Month of April
• Naming April - Aphrodite’s Month. April is the fourth month of the year in the Gregorian calendar and its predecessor, the Julian calendar.

History of April. April was originally the second month of the year in early versions of the Roman calendar and consisted of 30 days.

The Easter Bunny is German

Our story begins with Eostre, a Germanic goddess worshipped by pagans in pre-Christian Europe. Eostre was known as "the Goddess of the Dawn," and ancient believers would hold a big festival around the time of the Spring Equinox each year in her honor.

According to scholars, these festivals were marked by feasts, giant bonfires, and sword dances in celebration of renewed life and light.

This welcoming of spring would slowly be transformed into a Christian holiday over time.

So wait, where did the eggs come from? A modern spin by Big Chocolate™ to boost sales?

Scholars believe that Easter eggs can be traced all the way back to the goddess herself.

A popular legend tells the story of Eostre entertaining a group of children. As part of the demonstration, she transformed her pet bird into a pet rabbit. The catch? To the astonishment of the audience, this rabbit could still lay eggs like a bird.

And thus, rabbits and eggs become inexorably tied to the Easter tradition.

The story evolved over hundreds of years, eventually morphing into the legend of the ‘Osterhase’ – an egg-laying hare who produced eggs and hid them around homes and gardens for children to find on Easter morning.

Hopping Across the Pond

How did this legend make its leap across the Atlantic? Immigration, of course.

According to historians, 18th-century German immigrants bound for Pennsylvania brought the 'Osterhase' tradition with them. It soon spread across the country, even as it continued to evolve.

The Easter hare became an Easter bunny, and the real eggs were eventually replaced with molded chocolate eggs, first popularized by Cadbury in the late 19th century.
Benefits of Education are Societal and Personal

Those who get an education have higher incomes, have more opportunities in their lives, and tend to be healthier. Societies benefit as well. Societies with high rates of education completion have lower crime, better overall health, and civic involvement.

Poverty Reduction

Lack of access to education is considered the root of poverty. Not getting an education can lead to a cycle of poverty. However, access to education can mean getting out of that cycle.

1. Healthier Lifestyle

People with better education tend to live longer and have healthier lifestyles. According to research, people with higher education have a one-third lower risk of heart disease. Degree holders are also less likely to smoke and more likely to get regular exercise.

2. Experimentation and Diversity are a Benefit of Education:

A personal benefit to getting an education is the opportunity to grow as an individual, experiment with what you are passionate about, and find yourself. You will be exposed to a diverse set of people and ideas which expand the mind.

Connecting Across Borders

The new world of digital education is helping those who get an education to connect across the globe with people from other cultures. Students can collaborate together across borders, increasing the cultural awareness and worldliness of the individuals.

3. Socializing and Networking are Personal Benefits of Education

Education provides students with the space and the opportunities to meet like-minded individuals, either on a peer or mentor basis. In school, students meet leaders in their field, top professionals, and make contacts through extracurricular activities as well.
4. Pursuing Your Passion

When you feel passionate about something, you want to immerse yourself in that topic. Education gives you the space to do so. In addition, you may find new passions or new areas of interest within your field of study.

Sense of Accomplishment

Finishing any degree — whether it is a high school degree or higher education — is an accomplishment. Graduating gives students a huge sense of accomplishment and gives them the confidence needed to go out into the world and make something of themselves.

5. Personal Development of Skills

Students are required to go through many types of assignments, discussions, courses, and more during their time in education. Therefore, they end up with a wonderful skill set that translates into the workforce.

In addition, from extracurriculars, students learn arts, sports, and more that help them personally in life and to connect with others.

More Productivity

Those with an education have had more on their plate and succeeded through it. They know how to manage their time and talents and be productive. After graduation, students can carry that productive energy into the workforce.

Better Communication

Students are required to turn in written assignments, work in groups, participate in discussions, or present in front of others. This leads to excellent written communication, speaking skills, and group communication.
Critical Thinking Skills

People with an education can think, and think well. They are taught to ask questions, reflect, and analyze — all critical skills for later success.

Identification of Skills

Some have skills that they haven’t yet discovered, and haven’t had the opportunity to expand upon. Education stretches the mind, exposes students to new topics, and pushes students to do better. As a result, students may find skills they didn’t even know they had.

Greater Sense of Discipline

Students are given increasing amounts of responsibility with each year of education they complete. It is the student’s job to manage their time and create their own success, leading to self-discipline abilities for those who succeed.

6. More Employment is a Benefit of Education

Degree holders have access to more jobs. For graduates of bachelor’s programs or higher, the unemployment rate is cut in half.

7. Career Entry and Advancement

College degrees prepare students for a career, or for advancement within their current field. Higher education gives the training and skills necessary for success in a specific area. In addition, many positions require a degree for entry. Some may not even look at a resume where the applicant has no degree.

Promotes Good Citizenship and Civic Involvement

Those with an education tend to be more aware of current political issues, and are more likely to vote. Higher degree holders are twice as likely to volunteer, and 3.5 times more likely to donate money than high school graduates.
8. Economic Growth

When an entire society is educated, productivity increases, average income increases, and unemployment decreases. This leads to the economic growth and stability of a society as a whole. It starts with education.

Higher Income as a Benefit of Education

Those with education beyond high school tend to have higher salaries than high school degree holders. Those with no degrees make the lowest salaries on average. For full-time workers in 2017, weekly average wages for those with no degree was $515, followed by high school graduates at $717, and $1,189 for bachelor’s degree holders. Those with graduate degrees made an average of $1,451.

9. Environmental Benefits

Climate change is a large part of the conversation today, and society needs to work together to find ways to reduce impact on the earth. Educated individuals that enter the workforce will put their knowledge of climate change into company policies, leading to increased sustainability.

10. Societal Benefits

A society that is well educated feels a higher sense of unity and trust within the community. Educated societies lift up the weak and bring a feeling of togetherness among all parts.

Promotes Equality and Empowerment

Education provides everyone with a sense of empowerment; the idea that they have the choice to change their own life and choose their path. Women with an education have better decision making capabilities and are more likely to take charge of their own lives.

right and wrong and having empathy reduce tendency to commit crimes. Education of a society decreases overall arrests- just one year increase of average education levels of a state decrease state-wide arrests by 11%.
Reduces Crime

Education teaches people the difference between right and wrong, and also exposes children and young adults to experiences of others. Understanding right and wrong and having empathy reduce tendency to commit crimes. Education of a society decreases overall arrests - just one year increase of average education levels of a state decrease state-wide arrests by 11%.

Reduces Gender-Based Violence

In communities with high rates of education for both genders, gender-based violence is lower. Educated persons are more likely to support gender equality, and are more likely to take efforts to stop and prevent gender-based or domestic violence. Communities that value education for both genders are less likely to have instances of terrorist attacks on girls schools.

Reduces Child Marriage

Girls with secondary or higher education are three times less likely to marry before the age of 18. Putting education first in a society allows for girls to be seen as people who can get an education and make their own decisions, rather than just a future wife and mother.

Reduces Maternal Death Rates

Maternal death rates drop significantly in societies with high education rates. Women with no education at all are 2.7 times as likely to die during birth as women with 12 years of education. Women with one to six years of education are twice as likely to suffer maternal mortality. This is because educated mothers are more likely to use health services, even in low socio-economic settings. Lack of education is also a stressor for women during childbirth. The more stressors a woman has during pregnancy, the higher the likelihood for negative outcomes.