SOME DATES TO REMEMBER ~

February 14th ~ Valentines Day

February 17th ~ Presidents Day

February 22nd ~ Saturday session, lunch at Moes in Athens & then CU Women’s basketball

February 29th ~ National TRIO Day, celebrating by volunteering at Five Loafs and Three Fishes food Bank in Kimball, be there by 11:30, no transportation provided, strictly volunteer.

Our Saturday session in March is on the 28th ~ We will be going to the Virginia-Maryland College of Veterinary Medicine at Virginia Tech. and eating lunch on their campus
Okay all you High School peeps! We are trying to get lots & lots of followers on our Social Media sights…

Like us!
Share!
Comment!
Share a UB picture from the present or past!
(Melissa & I are in competition to see which site gets the most followers!!!)
Come on & help a girl out! Could ya???? :)
February Birthdays

We want to wish all our students with Birthdays in February a very Happy Birthday!

Larissa Carter
Thomas Cox
Adelson Mercado
Latrell Hoston
My’Asia Hill
Taiesha Pannell
Kaitlyn Angell
Emily Richmond
Haylie Williams
Destinee Steptoe
Kristen Calhoun
Gerren Bannister
Katlyn Marek
We take a closer look at the Upward Bound program, which is designed to prepare students for college whom might not otherwise succeed due to economic or family factors.

Prospective college students that come from families where many have already forged the path through higher education have many resources at their disposal when it comes time to head to the college of their choice. In contrast, those who will be the first in their family to attend college do not have the same advantage of experience within the family to light the way. For those students, programs like Trio Upward Bound help them to understand what higher education is about and find the path through a college education that will benefit them most in the future. To that end, community colleges across the country offer Upward Bound programs to motivate students to explore higher education and determine the college path they want to take.

History of Trio Upward Bound
The origins of Upward Bound date back to the Educational Opportunity Act, which was signed into law by President Lyndon B. Johnson in 1964. According to the Council for Opportunity in Education, the experimental program was first introduced to reduce barriers faced by low-income and first-generation college students that created inequality in educational opportunity for those students. The program is offered through colleges, universities and community colleges, and funds are distributed to individual programs through the issuance of competitive grants. Upward Bound is just one of three programs that are currently a part of Trio. Talent Search was created by the Higher Education Act in 1965, and Special Services for Disadvantaged Students followed in 1968. This set of education programs, dubbed “Trio” is primarily used to encourage students to attend college who otherwise might not have the opportunity, and to ensure their success once they begin their college experience.

Currently Trio programs are offered through more than 1,000 institutions of higher education across the country. There are nearly 3,000 Trio programs currently operating, serving more than 840,000 low-income students in the U.S. The programs serve low-income families, minority students, veterans and students with disabilities.

Benefits of the Program
Trio Upward Bound offers many advantages to students who might not otherwise attend or complete a college degree program. Eastern Gateway Community College states on its website that students who participate in an Upward Bound program are four times more likely to earn a college degree than their peers. The program works by demonstrating to participants the importance of a college education and providing the necessary tools to help students choose a degree program that fits well with their interests and needs.

“So many students entering college experience a complete culture shock,” Karolyn Chowning, Grant Programs Director at Oklahoma City Community College, told News OK, “It’s even more so for those going in belonging to a different socio-economic group.”

Grand Rapids Community College describes numerous components of the Upward Bound program on their website, including: Regular meetings with Upward Bound staff during the school year, through home visits, classes, tutoring and enrichment activities Academic and career advising to help students succeed in classes and choose fields of study that fit their interests and needs

Campus visits to give students a firsthand look at what college life is like and conferences and workshops specifically geared to preparing them for college success

Summer programs that emphasize a combination of academic, social and enrichment activities during a six-week stint on a local college campus

While these components may vary slightly depending on the college offering the program, the core elements are relatively consistent. At the crux of the program is the desire to prepare qualified students for a successful college experience, when they may not receive that encouragement and guidance from any other source.

Who is Eligible for Upward Bound?
Benefits.gov lists the criteria for eligibility into an Upward Bound program, which includes:

Students must be between the ages of 13 and 19 and have completed the 8th grade
Students must be able to show evidence of need of academic support
Students must qualify for low-income status or be first-generation college students
Students must be recommended for the program by an educator, clergy or social worker
Students that meet the above qualifications are allowed to apply for the program, through their high school guidance counselor.

In some cases, colleges offering the program may have additional requirements for students. For example, Barton Community College states that to be eligible for their Upward Bound program, students must attend one of the high schools listed on the college’s website. The college also states that it does not accept students who are currently in the 12th grade.

If you qualify for the Upward Bound program, take advantage of its benefits, which can serve you well through college and your entire professional life!