**determined**
[da ðərˈmənd]

**ADJECTIVE**

1. having made a firm decision and being resolved not to change it.

"Alice was determined to be heard"

*synonyms:*

- intent on
- bent on
- **set on**
- dead set on
- insistent on
- fixed on

- processing or displaying resolve.

"Helen was a determined little girl"

*synonyms:*

- **resolute**
- full of determination
- powerful
- purposive
- resolved
WELCOME

Welcome to the Summer Component of the Concord University Upward Bound Program! We hope that your attendance at this program will strengthen not only your desire to attend college, but also your chance of success in completing a postsecondary education. You will have many opportunities to improve your academic abilities, to explore career options, and to make friendships that will last a lifetime.

The Student Handbook is designed to help you make the most of the academic and leisure activities. Our office will be closed on Saturdays, if you need to reach someone on Sunday through Friday, please call Geri at 304-384-5208 or Melissa at 304-384-5197 with any questions. You may also text Geri at 304-320-2564 or Melissa at 304-660-7320.

GUIDELINES FOR STUDENT BEHAVIOR

GENERAL COURTESY

Students will be staying in a Residence Hall during the Summer Program. Living in a Residence Hall means living in a community where mutual respect, courtesy, and understanding are the rules. Students are to enter and leave by the Main Entrance. Other doors are to be used only during an emergency. Students are required to sign in and out when entering or leaving the building. Students will not be allowed on unoccupied floors. Those areas that are “Off Limits” to students will be marked.

Reasonable quiet in the Residence Hall and on Campus is expected at all times. Quiet time in the Residence Hall is from 12, midnight till 6:00am. No one is to play television, radio, stereo, etc. TOO LOUD. Too loud means it is disturbing to other people. Students will not hang or shout out the windows.

We do not tolerate the harmful and dangerous behaviors of cheating, stealing, physical or mental harassment among our students and will discipline students involved in these behaviors. Profanity will not be tolerated.

Disrespect to staff constitutes a serious offense and will result in expulsion from the program. Fighting with any person is prohibited.

General rules of courtesy mandate that you enter the room of another person only after having knocked and have been invited in.

CURFEW

Students are to be on their floors and in their room by midnight.
VISITATION

If you need to come to campus to pick up your student or bring them items, please contact us in advance if possible, so we can have your son/daughter at the residence halls with a chaperone. Because some of our activities are off campus, we ask that parents make arrangements so they can be sure their son/daughter is on campus. No visitors will be allowed in the student rooms.

Males and females are not allowed on each other’s residence hall floor at any time. **THIS RULE WILL BE STRICTLY ENFORCED.**

STUDENTS WILL NOT VISIT OTHER RESIDENCE HALLS HERE ON CAMPUS.

FURNISHINGS AND POSSESSIONS

Items such as pillows, linens, and towels are to be provided by the students. There is a Laundry Room available for student use. The cost for the laundry machines are $1.50 for the washer and $1.50 for the dryer.

Custodial service cleans floors, corridors, and stairways. Pest control technicians treat buildings on the 2nd Thursday of each month. Students are expected to keep their rooms clean. Screens are not to be removed from windows. On a daily basis you will be responsible for the deep cleaning & sanitizing of your room & stairways, elevators etc.

Room inspections will be made periodically on dates selected by the Residential Staff.

Students who bring a television will also need to bring a coaxial cable.

Rooms are to be locked at all times. Doors are to be unlocked during fire drills. **NEITHER CONCORD UNIVERSITY NOR THE UPWARD BOUND PROGRAM ARE LIABLE FOR THE LOSS OF OR DAMAGE TO PERSONAL PROPERTY.**

FINANCIAL RESPONSIBILITIES

Students are responsible for their room keys. The student at a cost of $25.00 must replace any lost key. Keys should be kept with you at all times. Any student who is responsible for damage to the Residence Hall or any other building/property during the Summer Program will be responsible for the repair or replacement. For example, the cost of painting one wall/ per coat of a residence hall room is $25.00.

Supplies for classroom activities will also be provided.
TELEPHONES

Students will be allowed to have cell phones in the Residence Hall, designated areas and at designated times.

STIPENDS

Students, who attend the Summer Program, have satisfactory participation and grades will receive a stipend after the summer term has ended.

CAR PRIVILEGES

Authorized vehicles include only those operated by parents/guardians or UB Staff Members. STUDENTS ARE NOT PERMITTED TO RIDE IN UNAUTHORIZED VEHICLES AT ANY TIME. Students are not permitted to operate a vehicle on campus while participating in the summer component. If you drive your own car and are under 18, you must have written permission from your parents/guardians. We are not responsible for students if allowed to drive themselves to and from Concord University. You must turn in your car keys on Sunday evening when you arrive and you will be given your keys on Thursday evening when you go home for the weekend.

HEALTH SERVICES

Parents will be notified if students become ill and need to pick up the student. In the event of a medical emergency, students will be taken to Princeton Community Hospital.

Parents need to inform the staff of any medications their son/daughter is taking. Prescription medications will be kept in the Residence Hall Office. Students will have to come to the office to obtain their prescription medications.

EMERGENCIES

Students should contact their Residential Advisor (RA) or Lead Advisor (LA) in the event of an emergency.

PROHIBITED ITEMS

The following items are examples of prohibited items:
1. Candles, incense, and other items that are a fire hazard
2. Weight lifting equipment
3. BB guns, or any firearms,
4. Extension cords
5. Bicycles and skateboards
6. Pets
7. Electric grills, fryers, crock pots, hotplates, toasters, and coffee pots
8. Cigarette/Tobacco or Paraphernalia consistent with the act of smoking (Including lighters, matches, vapes, and etc.)

If students have questions about items they wish to bring to the residence hall, they should contact the UB Program prior to bringing the items to campus.

**MEALS/FOOD**

During the Summer Program, students will eat their meals in the cafeteria located in the Concord Student Center. Student behavior is expected to be quiet and courteous as Faculty, Staff, and other summer programs use the cafeteria. Hours for dining are as follows: Breakfast 7:30am – 8:00am, Lunch 12:00pm -1:00pm and Dinner 4:00pm - 5:00pm. Snacks will be served each evening in the Residence Hall.

Snack machines & a kitchen are available for student use. Students are allowed to bring the small dorm size refrigerators and microwaves for their rooms. However, there are to be no hotpots, toasters, coffee pots, grills, etc.

Food/snacks brought from home are to be kept in closed containers to maintain pest control.

**CLASSES**

During the Summer Component, students can take classes that will help them prepare for the next school year, strengthen areas of weakness, and stimulate interest in new subjects. The classes are small in number but have a large impact on each individual student. Three, fifty-minute classes will be offered from 9:00 am till 12:00 pm Monday - Thursday and students will be assigned to these classes based on individual student need. Additionally, students will have afternoon electives offered from 1pm-2:30pm. The Upward Bound students will be evaluated on the following scale: Distinguished, Above Mastery, Mastery, Below Mastery, and Idle. **NO schedule changes will be made.** We have assigned students to classes for a reason and believe that is the best class for them.

Attendance is required for all classes. Students are to be on time for their classes. Being more than 5 minutes late for class is considered an absence. **Students who have more than two unexcused absences will be dismissed from the Summer Program.**

**ACTIVITIES/TRIPS**

The primary emphasis of the Upward Bound Program is academics. The afternoons are designed to give the students a range of activities. Evening activities will include a variety of choices.
ADVISING SERVICES

The Upward Bound program provides a variety of advising services during the Summer Program. These services include career, academic, group and personal advising. Students will have the opportunity to explore career options by studying career development literature, discussing job responsibilities, and participating in activities that assist the student in making good career decisions. Students will also participate in activities that will help enhance their personal lives. Examples of these activities are effective communication skills, anger management, conflict resolution, and decision-making. Students will have opportunities to work with the staff members on a one-to-one basis and in-group situations. Students needing personal advising should contact one of the staff.

DISCIPLINE

Any student who fails to follow the guidelines for student behavior presented in this handbook will be subject to disciplinary action. The Residential and Administrative Staff will deal with each violation on an individual basis. The following violations are examples of behaviors that may result in immediate expulsion from the program:

1. Using alcoholic beverages, tobacco, or other controlled substances.
2. Possessing firearms/weapons.
3. Leaving the Residence Hall after curfew.
4. Engaging in any sexual activities.
5. Cutting of classes or unexcused absences from planned activities.
6. Tampering with a Fire Alarm.
7. Boys on Girls floor, or Girls on Boys floor.
8. Cigarette/Tobacco or Paraphernalia consistent with the act of smoking (Including lighters, matches, vapes, and etc.)
9. Engaging is sexting, bullying and other inappropriate behavior.

Upward Bound Bullying, Harassment, Intimidation Policy

A student will not bully/intimidate/harass another student. Harassment, intimidation or bullying means any intentional gesture, or any intentional electronic, written, verbal or physical act, communication, transmission or threat that:
(a) A reasonable person under the circumstances should know the effect of harming a student, damaging a student’s property, placing a student in reasonable fear of harm to his or her person, and/or placing a student in reasonable fear of damage to his or her property;
(b) Is sufficiently severe, persistent, or pervasive that it creates an intimidating, threatening, or emotional abusive education environment for a student;
(c) Disrupts or interferes with the orderly operation of the program;
(d) An electronic act, communication, transmission, or threat includes but is not limited to one which is administered via telephone, wireless phone, computer, pager, or any electronic or wireless device whatsoever, and includes, but is not limited to transmission of any image or voice, email or text message using any such device.
The Concord University Upward Bound Program has a Zero Tolerance stance for Bullying, if caught bullying, harassing, or intimidating a fellow student, staff member, or community member at large, you will be sent home for the remainder of the summer program, and you will only be let back in after the Director and members of the full-time staff have meet with you and your guardians in the fall and you can show where you should be allowed to reenter.

**DRESS CODE**

Students will be given Upward Bound t-shirts to wear when desired during the summer session. Students must dress appropriately at all times. Any student that does not dress appropriately will be asked to change their clothing. Proper clothing, robes or towels should also be worn on floors before/after showers. **Ladies:** No backless, strapless, one strap, or extremely short shorts will be allowed. No offensive language will be allowed on clothing. **Gentlemen:** No sagging shorts or pants on your hips. Boxers and briefs must not be visible. No offensive language will be allowed on clothing. Students may be asked to refrain from certain attire at any time by the Director or Assistant Director.

**TARDY POLICY**

Students are expected to be on time for all classes and activities. Students will be subject to the following disciplinary actions if they are late:

1st Offense – verbal warning, documented, reported to the Lead Advisor

2nd Offense – verbal warning, student will have a meeting with the Director,

3rd Offense – telephone or face-to-face meeting with parent/guardian and possible expulsion from the program

**IMPORTANT INFORMATION**

It is imperative that parents/guardians complete a Transportation/Permission Form if their son/daughter is to ride home with anyone other than the parent or guardian. Forms are available at the Upward Bound Office.

If a parent/guardian is going to be late dropping off or picking up a student please call the Upward Bound staff.
IMPORTANT PHONE NUMBERS

Mike Craighead, Director 304-384-5195 (Office)
304-952-8109 (Cell)

Barbara Rush Meador, Assistant Director 304-384-5235 (Office)
304-923-1483 (Cell)

Catrice Robinson, Ed. Outreach Counselor 304-384-5240 (Office)

Jasmine Hall, Ed. Outreach Counselor 304-384-5198 (Office)
804-536-7423 (Cell)

Melissa Buckland, Office Administrator 304-384-5197 (Office)
304-660-7320 (Cell)

Geri Nauck, Program Assistant 304-384-5208 (Office)
304-320-2564 (Cell)

Campus Security 304-384-6008
(Emergency) 304-384-9334

Our office will be closed on Saturdays, if you need to reach someone on Sunday through Friday, please call Geri at 304-384-5208 or Melissa at 304-384-5197 with any questions. You may also text Geri at 304-320-2564 or Melissa at 304-660-7320.
Concord University Upward Bound
Summer Medical Form

Student Name: _____________________________
Student Address: ____________________________________________________________
Parent Phone #: _______________     Parent Mobile #: _________________
Person to contact if parent cannot be reached: ___________________________________
Phone Number: ______________________     Relationship: _______________________

Child's health insurance coverage ~
Policy Type: ____________________ Insurance Company Name: __________________
Policy Number: ____________________ Expiration Date: ___________________

Does the child have a physical condition that would limit participation in UB summer activities?
Yes _________   No___________ (If yes, please describe the condition.)
__________________________________________________________________________________________________
________________________________________________________________________________________

Does the child have any allergies to Foods, Drugs & Substances?  Yes ____No_____   (If yes, please list or describe the
allergies.)
__________________________________________________________________________________________________
________________________________________________________________________________________

What should be done if experiencing a reaction?
__________________________________________________________________________________________________
________________________________________________________________________________________

Is the child presently under a physician’s care?   Yes____ No_____   (If yes, then list the condition)
________________________________________________________________________________________

What medication if any is the child taking for the above condition?
________________________________________________________________________________________

Doctor’s name: _________________ Doctor’s Phone number: ________________________

_________________________     ____________________
Parent/Guardian Signature     Date
Upward Bound
Transportation/Permission Form
Summer Program

I, ____________________ parent/guardian of _________________________ give permission for my son/daughter to travel to and from Concord University for program activities with the following individuals/students/parents/guardians.

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

Signature of Parent/Guardian_______________________
Date____________________________
Concord University Code of Conduct Form

Participants are expected to demonstrate positive attitudes and behaviors throughout every day. The following code of conduct outlines the desired behaviors to ensure the safest and best learning environment possible. Staff will fairly and reasonably implement this code of conduct.

**Code of Conduct**

1. Respect the rights and properties of yourself and others – (staff, instructors, and peers)
2. Follow all set rules established by Upward Bound and Concord University
3. Use program equipment, supplies, and facilities properly
4. Stay with my group in the designated areas at all times
5. Communicate in a polite manner demonstrating reverence

**The following behaviors will not be tolerated:**

1. Usage of language that is offensive to any person or groups
2. Any type of aggressive behavior that results in physical and/or emotional harm to another person
3. Vandalizing any property of others, Upward Bound and/or Concord University
4. Reckless behavior that is potentially dangerous to yourself or others
5. Leaving Concord University boundaries without permission from the appropriate staff

**Student**

By signing below, you acknowledge that you alone are responsible for your own actions. I accept that my parents/guardians will be notified if I do not comply with the code of conduct, and hereby state that I fully understand that repeated irresponsible conduct will result in dismissal from the Upward Bound Summer Program.

Student Name: ___________________________________________________
Student Signature: ________________________________________________
Date: ___________________________________________________________

**Parent**

By signing below, you acknowledge the expectations presented before the code of conduct, and agree that the appropriate disciplinary action should be implemented if your child demonstrates irresponsible, dangerous behaviors.

Parent/Guardian Name: ___________________________________________
Parent/Guardian Signature: ________________________________________
Date: ___________________________________________________________
COVID-19 Daily Self-Checklist

- Do you have a Fever (temperature over 100.30F) without having taken any fever reducing medications?
- Do you have a Loss of Smell or Taste?
- Do you have a Cough?
- Do you have Muscle Aches?
- Do you have a Sore Throat?
- Do you have Shortness of Breath?
- Do you have Chills?
- Do you have a Headache?
- Have you experienced any gastrointestinal symptoms such as nausea/vomiting, diarrhea, loss of appetite?
- Have you, or anyone you have been in close contact with been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19?
- Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?

**If you reply YES to any of the questions in the checklist, please self-quarantine, stay home and or report to staff immediately.**
COVID WAIVIER

STUDENTS NAME (PRINTED) : __________________________________________________

The COVID-19 pandemic presents potential health and safety risks to all individuals. The University & Upward Bound has undertaken extraordinary steps to mitigate the risks and make the campus experience safer for faculty, staff, students, and other participants in UB activities.

RISK FACTORS

The undersigned understands that it is an assumed risk that faculty, staff, students, volunteers, and/or event participants may face exposure to a communicable disease, which may include COVID-19. Individuals may come in close contact with an individual who is infected. Individuals are therefore urged to take all reasonable safety precautions including wearing of facemasks/face coverings, social distancing, proper handwashing, and cleaning and disinfecting.

WAIVER

The undersigned hereby releases, waives, indemnifies, and holds Concord University & UB and all of its officers, directors, employees, and agents (hereinafter jointly referred to as “indemnitee”) harmless from any and all claims, causes of action, suits, liability, losses, or damages for any illness, personal injury, death or other loss arising from or relating to the undersigned’s coming to campus during the coronavirus pandemic.

REPRESENTATIVES The undersigned enters into this agreement for him/herself, his/her heirs, assigns and legal representatives.

INSURANCE

The undersigned understands that the undersigned will be solely responsible for any medical, health or personal injury costs relating to undersigned’s use of the property, facilities and/or services if the undersigned comes onto campus for any purpose during the COVID-19 pandemic.

JURISDICTION

This Agreement shall be governed in all respects by the laws of the State of West Virginia, and West Virginia is the statutory jurisdiction for any suits brought by either party hereunder.

SEVERABILITY

If any term, clause, or provision of this Waiver and Release from Liability is held to be illegal, invalid or unenforceable, then the remainder of this Agreement, or the application of such term, clause or provision other than to those as to which it is held illegal, invalid or unenforceable, shall not be affected thereby, and each term, clause or provision of this Waiver and Release from Liability and the application thereof shall be legal, valid and enforceable to the fullest extent permitted by law.

ACKNOWLEDGMENT

The undersigned has read and fully understands this waiver and release and realizes it relates to surrendering and releasing valuable legal rights and does so freely and voluntarily. Please sign your name and date in the space below.

Consent and Release on Behalf of Minor

I am the parent or legal guardian of the above-named minor. I have read and understand the agreement and realize it relates to surrendering valuable legal rights of the minor and myself. I agree to be bound by all the terms of the agreement. I also give my consent to the participation in the activity of the minor.

PARENT SIGNATURE: ________________________________

DATE: __________________

PARENT PRINTED NAME: ____________________________________________

STUDENT SIGNATURE: ___________________________ DATE __________________________