

COVID-19 DAILY SELF CHECKLIST



Review this COVID-19 Daily Self Checklist each day before coming to campus.

If you reply YES to any of the questions below, **STAY HOME**.

Do you have a fever (temperature over 100.4°F) without having taken any fever reducing medications?

YES NO

Loss of Smell or Taste?

YES NO

Muscle Aches?

YES NO

Sore Throat?

YES NO

Cough?

YES NO

Shortness of Breath?

YES NO

Chills?

YES NO

Headache?

YES NO

Have you experienced any gastrointestinal symptoms such as nausea/vomiting, diarrhea, loss of appetite?

YES NO

Have you, or anyone you have been in close contact with been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19?

YES NO

Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?

YES NO

Students may contact the CU Student Health Center at 304-384-6355 or jstull@concord.edu

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