COVID-19 DAILY SELF CHECKLIST

Review this COVID-19 Daily Self Checklist each day before coming to campus.

If you reply YES to any of the questions below, STAY HOME.

Do you have a fever (temperature over 100.4°F) without having taken any fever reducing medications?
- [ ] YES  [ ] NO

Loss of Smell or Taste?
- [ ] YES  [ ] NO

Muscle Aches?
- [ ] YES  [ ] NO

Sore Throat?
- [ ] YES  [ ] NO

Cough?
- [ ] YES  [ ] NO

Shortness of Breath?
- [ ] YES  [ ] NO

Chills?
- [ ] YES  [ ] NO

Headache?
- [ ] YES  [ ] NO

Have you experienced any gastrointestinal symptoms such as nausea/vomiting, diarrhea, loss of appetite?
- [ ] YES  [ ] NO

Have you, or anyone you have been in close contact with been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19?
- [ ] YES  [ ] NO

Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?
- [ ] YES  [ ] NO

Students may contact the CU Student Health Center at 304-384-6355 or jstull@concord.edu