



Four-Year Academic

Major: Athletic Training

This academic plan is valid for the 2018-19 Catalog and is subject to change. The academic plan is a recommendation only; your actual program may vary. Degree completion and the sequence of courses may depend upon transfer credits and placements in math and English upon entrance into the institution. See the current online catalog (<http://catalog.concord.edu/index.php?catoid=4>) for a complete listing of academic policies, procedures, curriculum, prerequisites, and course descriptions.

Freshman Year – Fall Semester	Credit Hours	Freshman Year – Spring Semester	Credit Hours
<i>AT 242: Prevention & Care</i>	2	<i>AT 126: Intro to Athletic Training</i>	2
<i>AT 243: Acute Care of Injuries Lab</i>	1	Gen Ed (Category A): ENG 102	3
<i>Gen Ed (Category E): BIOL 121 (101 if ACT <17)</i>	4	Gen Ed (Category A): COMM 101 (Recommended)	3
<i>Gen Ed (Category G): PED 101: Personal Wellness</i>	2	Gen Ed (Category D): Social & Behavioral Science	3
Gen Ed (Category A): ENGL 101	3	Elective	3
Gen Ed (Category F): Mathematics	3		
UNIV 100	1		
Semester Total:	16	Semester Total:	14
Sophomore Year – Fall Semester	Credit Hours	Sophomore Year – Spring Semester <i>Students in AT 2602 apply for ATP</i>	Credit Hours
<i>Gen Ed (Category D): PSYC 101</i>	3	<i>AT 2602: Pre-Practicum</i>	1
<i>BIOL 335: Anatomy & Physiology I</i>	4	<i>BIOL 336: Anatomy and Physiology II</i>	4
<i>BIOL 335L: Anatomy & Physiology I Lab</i>	0	<i>BIOL 336L: Anatomy and Physiology II Lab</i>	0
Gen Ed (Category B): Literature	3	<i>PED 315: Kinesiology</i>	3
Gen Ed (Category E): Natural Science	3	<i>HED 304: Nutrition</i>	2
Elective (Recommended – BIOL 249: Medical Terminology)	3	Gen Ed (Category C): Fine Arts	3
		Gen Ed (Category D): Social & Behavioral Science	3
Semester Total:	16	Semester Total:	16
Junior Year – Fall Semester <i>Students begin formal Professional Phase of ATP</i>	Credit Hours	Junior Year – Spring Semester	Credit Hours
AT 3601: Practicum I	2	AT 3602: Practicum II	3
AT 236: Lower Extremity Evaluation and Lab	4	AT 314: Exercise Physiology	3
AT 236L: Lower Extremity Eval Lab	0	AT 314L Exercise Testing and Prescription	1
AT 331: Therapeutic Modalities	4	AT 237: Upper Extremity Evaluation	4
AT 331L: Therapeutic Modalities Lab	0	AT 237L Upper Extremity Evaluation Lab	0
Elective	3	AT 329 Therapeutic Exercise I	4
		AT 329L Therapeutic Exercise Theory Lab	0
Semester Total:	13	Semester Total:	15
Senior Year – Fall Semester	Credit Hours	Senior Year – Spring Semester	Credit Hours
AT 4601: Practicum III	3	AT 4602: Practicum IV	3
AT 332: Therapeutic Exercise II	4	AT 406: Organization & Administration	2
AT 332L: Therapeutic Exercise II Lab	0	AT 420: Special Topics in Athletic Trainning	2
AT 444: Therapeutic Interventions	2	Gen Ed: (Category B) History/Philosophy	3
AT 449: General Medical Concerns	3	Elective (Recommended – AT 440: AT Lab Assistant)	1
AT 238: Evaluation of Head, Neck, Trunk & Spine	3	Elective	3
AT 238L: Evaluation of Head, Neck, Trunk & Spine Lab	0		
Elective (Recommended – AT 440: AT Lab Assistant)	1		
Semester Total:	16	Semester Total:	14