



@BelievePHQ



16 TIME



MANAGEMENT TIPS FOR STUDENTS



Create a schedule



Make time for yourself



Get yourself in a routine



Write down goals



Have scheduled breaks



Avoid procrastination



Stick to your plan



Allow time for fun activities



Make a to do list



Study in a regular pattern



Work when you are at your best



Exercise to relieve stress



Reward yourself when you complete something



Keep stress to a minimum



Work a set number of hours a day



Don't panic if you fall behind