EMERGENCY ACTION PLAN

for

Facility Name: \_Sideline Orthopedics\_\_\_\_\_\_\_

Facility Address: \_250 South Main Street, Suite 224A,

Blacksburg, VA 24060

**Role of the Athletic Training Student**

In the event of an emergency, Athletic Training students should follow directions given by facility staff/preceptors. Students should not be asked to provide care outside of their training, nor should they be asked to provide athletic training skill unsupervised.

In the instance that athletic training students find themselves unsupervised in an emergency situation they should only provide care of a first responder, based on their American Red Cross Professional Rescuer (or equivalent) certification.

In the event that an athletic training student is the first to recognize an emergency situation, they should notify their preceptor immediately and follow given instructions.

**Medical Emergency**

• Call medical emergency phone number (911)

Provide the following information:

a. Nature of medical emergency,

b. Location of the emergency (address, building, room number), and

c. Your name and phone number from which you are calling.

• Do not move victim unless absolutely necessary.

• Personnel trained in CPR and First Aid provide the required assistance prior to the arrival of the professional medical help.

• If personnel trained in First Aid/CPR are not available, as a minimum, attempt to provide the following assistance:

1. Stop the bleeding with firm pressure on the wounds (note: avoid contact with blood or other bodily fluids).
2. Clear the air passages using the Heimlich Maneuver in case of choking.

• In case of rendering assistance to personnel exposed to hazardous materials, consult the Material Safety Data Sheet (MSDS) and wear the appropriate personal protective equipment. Attempt first aid ONLY if trained and qualified.

**Fire Emergency**

* Activate Fire Alarm is accessible
* Evacuate building, assisting patients when needed.
* Call emergency phone number (911)
* Provide the following information:

1. Nature of emergency
2. Location of emergency (address, building, room number, etc)
3. Your name and phone number you are calling from.

* Provide needed first aid care in safe location, away from involved building