# EDUCATION—WELLNESS



PreK-Adult, Bachelor of Science in Education

### SEMESTER 1

Course	Credits	Grade	<b>~</b>
ENGL 101: Composition & Rhetoric I	3	C*	
COMM 101: Fundamentals of Speech	3		
H ED 200: Foundations of Health Education	2		
General Education Course	3		
General Education Course	3		
UNIV 100: CU Foundations	1		

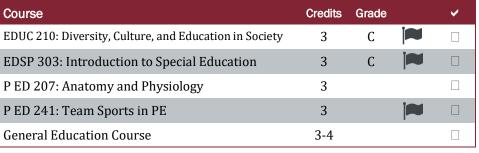
**15** 

### SEMESTER 2

Course	Credits	Grade	<b>~</b>
ENGL 102: Composition & Rhetoric II	3	C*	
MATH 101: Quantitative Reasoning	3		
P ED 242: Individual Sports in PE	3		
P ED 239: Physical Education Pedagogy	3		
General Education Course	3		

**15** 

### SEMESTER 3



**15-16** 

**17** 

## SEMESTER 4



Course	Credits	Grade	~
EDUC 301: Educational Technology (EPAT)	3	С	
EDUC 305: Psychology of Teaching & Learning (EPAT)	3	С	
EXSS 202: Foundations of PE & Sport	3		
H ED 303: Principles of Mental & Emotional Health	2		
P ED 238: Lifetime Physical Education	3		
General Education Course	3		

The Bachelor of Science in
Education, Wellness PreKAdult degree prepares
competent and dedicated
teachers who are able to design,

deliver, and assess health and physical education programs that meet needs of all students in the PreK-Adult schools. Candidates who complete this program will meet the requirements from the WV Department of Education and will be granted a West Virginia teaching license in the field.

MILESTONE COURSES
Courses marked as Milestone
Courses are crucial for staying
on track to complete your degree
in four years. Take them in the recommended
semester to stay on track! If you see a
recommended minimum grade, this is the
grade you need to earn to have the best
chance for success in this degree! Grades
marked with an asterisk are required to pass.

LANDMARKS

Points where you see a landmark icon on the four-year plan indicate you have reached a point of action outside regular coursework!

See the Helpful Hints for information on each landmark.

## HELPFUL HINTS

- Semester 3 Landmark—Students should take the Praxis Core no later than this semester. *Core Praxis prep course available—see your advisor.*
- Semester 3—EDUC 210 and EDSP 303 must be taken concurrently.
- Semester 4 Landmark—At this point, you have taken all the necessary coursework to apply to the Teacher Education Program. Note—candidates must have a 2.5 GPA to apply. Check out the application process online!
- Semester 4—EDUC 301 and EDUC 305

## WELLNESS EDUCATION, B.S. ED.

## 156Finish

### SEMESTER 5

Course	Credits	Grade		<b>✓</b>
EXSS 329: Motor Leaning & Development	2		·	
P ED 402: Curriculum & Instruction for Elementary PE	3			
P ED 403: Curriculum & Instruction for Secondary PE	3	С		
General Education Course	3			
General Education Course	3			
General Education Course	3-4			
	17-18			•

## SEMESTER 6 **Q**

Course	Credits Grade	✓
*EDUC 306: Classroom Management & Instruction	3	
*EDUC 418: Content Area Reading	3	
EXSS 315: Kinesiology and Biomechanics	3	
H ED 304: Principles of Nutrition and Weight Management	2	
H ED 306: Principles of Human Sexuality	3	
HS 201: Emergency Care	1	
P ED 307: Assessment in Health & PE	3	

## YEAR-LONG RESIDENCY

18

**12** 

### SEMESTER 7

Course	Credits Gr	ade	<b>~</b>
*H ED 400: Methods and Materials in Health Education	3	i~	
*P ED 407: Adapted Physical Education	3	<b>i≈</b>	
*EDUC 450: Clinical Experience Level IV	6	i~	
	12		

### SEMESTER 8

Course	Credits	Grade	<b>~</b>
*EDUC 460: Student Teaching	6	С	
*EDUC 460: Student Teaching	6	С	

You're FINISHED!!

#### **ADVISING**

When you choose to pursue this degree, you will be assigned two advisors: one who is an expert in the field of Wellness and one who is an expert in the field of Education. These advisors can help you with course selection, career planning, resume building, and help you with tracking your path to degree completion.

### **CAREERS**

Physical Education Teacher
Health Education Teacher
Athletic Director
Head Coach in a School Setting
School Administrator (Requires additional education)

#### STUDENT ORGANIZATIONS

Human Performance Student Club

### **COMPLEMENTARY MINORS**

Health Promotion

### HELPFUL HINTS

- For the Natural Sciences General Education courses, Wellness Education students should take BIOL 101 and GEOG 200.
- Classes with field placements include: EDUC 210, EDUC 305, and EDUC 306.
- Courses marked with an asterisk (\*) require admission to the Teacher Education Program.
- Semester 6 Landmark—Students should take PLT and Praxis II during this semester.
- Semesters 7 & 8—Year-Long Residency. The wellness program participates in a year-long residency model. This model enables teacher candidates to spend a year in the same classroom with the same students and cooperating teacher. This model has proven to deepen the professional relationships within the school as well provide teacher candidates with more practical experiences over longer periods to of time. Our candidates report feeling more effective and confident during their first year of teaching.