Four-Year Plan

Education: Wellness PreK-Adult, B.S. Ed.





Semester 1

Course	Credits	Grade	~
ENGL 101: Composition & Rhetoric I	3	C*	
COMM 101: Fundamentals of Speech	3		
General Education Course	3		
General Education Course	3		
H ED 200: Foundations of Health Education	2		
UNIV 100: CU Foundations	1		
	15		

Semester 2

Course	Credits	Grade	~
ENGL 102: Composition & Rhetoric II	3	C*	
MATH 101: Quantitative Reasoning	3		
General Education Course	3		
P ED 242: Individual Sports in PE	3		
P ED 239: Physical Education Pedagogy	3		
	15		

Semester 3 🔮

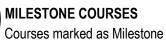
Course	Credits	Grade	~
General Education Course	3-4		
EDUC 210: Diversity, Culture, and Education in Society	3	С	
EDSP 303: Introduction to Special Education	3	С	
P ED 207: Anatomy and Physiology	3		
P ED 241: Team Sports in PE	3		
	15-16		

Semester 4

9	,		
Course	Credits	Grade	~
EXSS 202: Foundations of PE & Sport	3		
EDUC 301: Educational Technology (EPAT)	3	С	
EDUC 305: Psychology of Teaching & Learning (EPAT)	3	С	
H ED 303: Principles of Mental & Emotional Health	2		
P ED 238: Lifetime Physical Education	3		
General Education Course	3		
	17		

The Bachelor of Science in Education, Wellness PreK-Adult degree prepares competent and dedicated teachers who are able to design, deliver, and assess health and physical education programs that meet needs of all

students in the PreK-Adult schools. Candidates who complete this program will meet the requirements from the WV Department of Education and will be granted a West Virginia teaching license in the field.



Courses are crucial for staying on track to complete your degree in four years. Take them in the recommended semester to stay on track! If you see a recommended minimum grade, this is the grade you need to earn to have the best chance for success in this degree! Grades marked with an asterisk are required to pass.

LANDMARKS

Points where you see a landmark icon on the four-year plan indicate

you have reached a point of action outside regular coursework! See the Helpful Hints for information on each landmark.

Helpful Hints

- Semester 3 Landmark—Students should take the Praxis Core no later than this semester. Core Praxis prep course available—see your advisor.
- Semester 3—EDUC 210 and EDSP 303 must be taken concurrently.
- Semester 4 Landmark—At this point, you have taken all the necessary coursework to apply to the Teacher Education Program. Note— candidates must have a 2.5 GPA to apply. Check out the <u>application process</u> online!
- Semester 4—EDUC 301 and EDUC 305 must be taken concurrently.

Semester 5

Course	Credits	Grade	✓
General Education Course	3		
General Education Course	3		
*EDUC 306: Classroom Management	3	С	
P ED 402: Curriculum & Instruction for Elementary PE	3		
P ED 403: Curriculum & Instruction for Secondary PE	3		
EXSS 329: Motor Leaning & Development	2		
	17		

Semester 6

Course	Credits Grade	✓
General Education Course	3-4	
EXSS 315: Kinesiology and Biomechanics	3	
H ED 304: Principles of Nutrition and Weight Management	2	
H ED 306: Principles of Human Sexuality	3	
HS 201: Emergency Care	1	
P ED 307: Assessment in Health & PE	3	
	15-16	

Semester 7

Course	Credits	Grade	✓
*EDUC 416: Assessment and Data Informed Teacher	3	С	
*EDUC 418: Content Area Reading	3	С	
*H ED 400: Methods and Materials in Health Education	3		
*P ED 407: Adapted Physical Education	3		
	12		

Semester 8 🥊

Course	Credits	Grade		~
*EDUC 460: Student Teaching	6	С		
*EDUC 460: Student Teaching	6	С	i 🗖	

You're FINISHED!!

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ADVISING

When you choose to pursue this degree, you will be assigned two advisors: one who is an expert in the field of Wellness and one who is an expert in the field of Education. These advisors can help you with course selection, career planning, resume building, and help you with tracking your path to degree completion.

CAREERS

Physical Education Teacher Health Education Teacher Athletic Director Head Coach in a School Setting School Administrator (Requires additional education)

STUDENT ORGANIZATIONS

Human Performance Student Club

COMPLEMENTARY MINORS

Health Promotion

Helpful Hints

- For the Natural Sciences General Education courses, Wellness Education students should take BIOL 101 and GEOG 200.
- Classes with field placements include: EDUC 210, EDUC 305, and EDUC 306.
- Courses marked with an asterisk (*) require admission to the Teacher Education Program.
- Semester 6 Landmark—Students should take PLT and Praxis II during this semester.
- Semester 7 Landmark—Secondary Education Methods Block. These courses must be taken concurrently. All other coursework except EDUC 460 must be completed before taking the block courses.
- Semester 8 Landmark—Your last semester will be Supervised Student Teaching! An overall GPA of 2.75 is required for admission to Student Teaching.