

Education—Wellness Education

Grade PK-Adult, Bachelor of Science in Education



Semester 1

Course	Credits	Grade	✓
ENGL 101: Composition & Rhetoric I	3	C	☐
COMM 101: Fundamentals of Speech	3	C	☐
UNIV 100: CU Foundations	1		☐
General Education Course: Natural Science	3-4		☐
Choose Course from List (excluding Literature)	3		☐
Choose Course from List (excluding Literature)	3		☐

16-17

Semester 2

Course	Credits	Grade	✓
ENGL 102: Composition & Rhetoric II	3	C	☐
PED 239: Physical Education Pedagogy	3		☐
HS 200: Foundations of Health Education	2		☐
General Education Course: Mathematics	3		☐
EDSP 303: Introduction to Special Education	3	C	☐
EDUC 210: Diversity, Culture & Education in Society	3	C	☐
EDUC 210L: Clinical Experience Level I—45-hour clinical	0		☐

17

Semester 3

Course	Credits	Grade	✓
EDUC 301: Educational Technology	3	C	☐
EDUC 305: Psychology of Teaching & Learning	3	C	☐
EDUC 305L: Clinical Experience Level II - 45 hour clinical	0		☐
EXSS 201: Functional Anatomy	3		☐
EXSS 202: Foundations of Sport	3		☐
Choose Course from List	3		☐

15

Semester 4

Course	Credits	Grade	✓
General Education Course: Natural Science (with lab)	4		☐
PED 307: Teaching of Sport Skills & Fitness Activities	3		☐
Choose Course from List	3		☐
Choose Course from List	3		☐
Choose Course from List	3		☐

16



The **Bachelor of Science in Education, Wellness PK-Adult** degree prepares teacher candidates to teach grades PK-Adult students in the areas of Health Education & Physical Education. Concord's Teacher Education Program is designed to provide teacher candidates with opportunities to gain the critical knowledge, skills, and dispositions needed to teach all children.



MILESTONE COURSES

Courses marked as Milestone Courses are crucial for staying on track to complete your degree in four years. Take them in the recommended semester to stay on track! If you see a minimum grade, this is the minimum grade required to pass the course.



LANDMARKS

Points where you see a landmark icon on the four-year plan indicate you have reached a point of action outside regular coursework! See the Helpful Hints for information on each landmark.

Course Choice List

All courses in this list will be taken prior to graduation. The order in which they are completed is flexible.

- ☐ General Education Course: Fine Arts (3)
- ☐ General Education Course: Literature (3)
- ☐ General Education Course: Humanities (3)
- ☐ General Education Course: Social Science (3)
- ☐ General Education Course: Social Science (3)
- ☐ General Education Course: Social Science (3)
- ☐ PED 117: Team Sports* (3)
- ☐ PED 118: Individual Sports in Physical Education* (3)

Helpful Hints

- Courses marked with an asterisk in the 'Course Choice List' are part of the Wellness area, and will also be counted for General Education Program coursework.
- Clinical Experiences I, II & III each require 45-hours of clinical experience in a health or physical education classroom. This is outside of course-time.
- Semester 2 landmark — Students should attend a Pre-Admission to Teacher Education Program (TEP) Seminar during this semester, but no later than semester 4
- Semester 3 & 4 Landmark — Students may apply to the Teacher Education Program (TEP) during semester 3, but must apply no later than semester 4. Note— candidates must have a 2.5 GPA to apply. [Check out the application process online!](#)

Semester 5

Course	Credits	Grade	✓
EDUC 306: Classroom Management & Instructional Strategies	3	C	☐
EDUC 306L: Clinical Experience Level III—45 hour clinical	0		☐
PED 402: Curriculum & Instructions for Elementary PE	3		☐
PED 403: Curriculum & Instructions for Middle & Adolescent PE	3		☐
HS 304: Principles of Nutrition & Weight Management	2		☐
HS 306: Principles of Human Sexuality	3		☐
EXSS 329: Motor Learning & Development	2		☐

16

Semester 6

Course	Credits	Grade	✓
EDUC 418: Content Area Reading	3	C	☐
HS 303: Principles of Mental & Emotional Health	2		☐
HS 400: Methods & Materials in Health Education	3		☐
EXSS 315: Kinesiology & Biomechanics	3		☐
Choose Course from List	3		☐
Choose Course from List	3		☐

17

Year-Long Residency

Semester 7

Course	Credits	Grade	✓
EDSP 415: Co-Teaching, Consultation, & Collaboration	3	C	☐
EDUC 416: Assessment and the Data Informed Teacher	3	C	☐
EDUC 450: Clinical Experience Level IV	6	C	☐

12

Semester 8

Course	Credits	Grade	✓
EDUC 460: Clinical Experience Level V	12	C	☐

12

ADVISING

When you choose to pursue this degree, you will be assigned two advisors: one who is an expert in the field of Wellness and one who is an expert in the field of Education. These advisors can help you with course selection, career planning and will help you with tracking your path to degree completion.

CAREERS

Graduates of the Teacher Education Program are eligible for licensure in West Virginia, and in other states through reciprocal agreements.

COMPLIMENTARY MINORS

Students who pursue a degree in Wellness PreK-Adult may consider a pursuing a minor in Special Education. Students who receive financial aid should consult with their academic advisor(s) or the financial aid office to ensure financial aid coverage of minor courses.

Helpful Hints

- Semester 5—All education coursework from this semester forward requires TEP admission.
- Semester 6 Landmark—Students should begin taking Praxis II exams after midterm of this semester. The exams must be passed prior to Semester 8. By the end of semester 6, students must obtain all GPAs required for Residency admission, as well as meet Basic Skills Competency in Reading, Writing & Math. [Refer to admission requirements listed on the Department of Education webpage!](#)
- Semesters 7 & 8—Year-Long Residency. All education programs participate in the year-long residency model. This model enables teacher candidates to spend a year in the same classroom, with the same cooperating teacher. During Semester 7 students will be in a public school classroom 4 full days per week. During semester 8, students will be in a public school classroom 5 full days per week. Students should not enroll in additional coursework during residency.



You're FINISHED!!