



UPWARD BOUND

Greenbrier • McDowell • Mercer • Monroe • Summers



February 2024



*"The words **LOVE** and **LIKE** both have four letters,*

But they're two different words altogether,

Because I 've liked many people....in my day,

But just like the wind they've all blown away

See to love someone is an atmosphere

*That you both still share when one's not there" – Whodini "**One Love**"*

Take a break this month and fall in love with someone that you can love and cherish forever! This person has to be all that you have imagined...

Beautiful,....Intelligent,....Hard-Working,.... Dedicated,.... Honest,.... And completely loyal to you, and only you!

I know that many of you might say that it is extremely hard to find someone with all of those attributes but I am here to tell **you** that they exist. You have most likely looked in the most unlikely places of all. Some of you have searched on social media. Only to find out that online/ digital love can fade away from you quicker than the cell signal of your T-Mobile account. Still, others of you may go to ball games, the park, or the movies and get disappointed because everyone there is distracted or distraught.... I just need you all to stop for a minute and breathe. The type of person that you are looking for is undoubtedly right in your area. The person that I am referring to is the perfect height, perfect weight, and they have the most amazing eyes. Your parents and family knows them and they absolutely love them. Friends and others at school crowd around this person for the sake of hearing what they have to say and to share the news of the day... This person is a true gem and truly one- of-a-kind.

Now that I have told you all about their characteristics and personality you need to take a few minutes and put it all together. The Number one love of your life is none other than **YOU**. **YOU** are the amazing person standing in the mirror. **You** are the hard working and soon-to-be successful person. You possess all of the high qualities and outstanding attributes that others crave. **You** are perfectly made and unlike anyone else in the world. You are the human equivalent to a diamond.... Rare, beautiful, and priceless.

You can love anyone else that you choose ,but please always remember- that you must love yourself unconditionally before you can totally understand how to love someone else. I LOVE ME-THEREFORE I LOVE YOU ALSO!!!! Enjoy the month! I Hope to see you soon!

Michael J. Craighead— Director

Fun facts about Valentine's Day include¹²³⁴:

- Valentine's Day is the second most popular day of the year for sending cards, with over 1 billion Valentine's Day cards exchanged each year.
- Worldwide, over 50 million roses are given for Valentine's Day each year.
- The first Valentine's Day was in Paris on February 14, 1400.
- Cupid is often on Valentine's cards and gifts.
- Around 85% of Valentine's Day cards are bought by women.
- Around 73% of flowers are bought by men.

Valentine's Day was first introduced to Japan in 1936 and has become widely popular. However, because of a translation error made by a chocolate company, only women buy Valentine chocolates for their spouses, boyfriends, or friends. In fact, it is the only day of the year many single women will reveal their crush on a man by giving him chocolate.

Hello February

How Many Days Are in February?

It depends! February is the only month to have a length of fewer than 30 days! It's usually 28 days, though February is 29 days long in [leap years](#) such as 2024.

But why 28 days? The Roman King Numa had originally made all months 29 days, as Romans believed that even numbers were unlucky. However, the sum of all the months was an even number. So February, a month for honoring the dead, was chosen as the unlucky month to consist of 28 days.

Of course, the calendar went through many more changes, but the "28" days for February have stuck.

Big HAPPY BIRTHDAY to the following UB students!

Jace Obermeyer
Galvester Wade
Chelsey Basham
Billie Jo Dicken
Audrina Ellison
Jacob Perkins
Azaree Ray
Travis Brooks
Jordan Peery
Zion Jackson
Valencia Kennedy
Braiden Marshall
Brian Sloane
Aziza Wahid-Jacobs



10 IMPORTANT CHANGES COMING WITH THE 2024-2025 FAFSA

The most important application you will fill out for college is the **Free Application for Federal Student Aid (FAFSA)**. All federal financial aid programs, most programs offered by the State of West Virginia, and many programs offered by colleges require you to submit the FAFSA. The 2024–2025 FAFSA includes unprecedented changes to how students and families apply for federal student aid and how we determine eligibility, giving students a better and simpler experience with the FAFSA form. Improvements include a direct data exchange with the IRS for income data elements, new rules to determine which parent(s) to include, and a single consolidated portal for all FAFSA help resources.

The 2024-2025 FAFSA will be delayed.

In previous years, the FAFSA became available on October 1. However, the 2024-2025 FAFSA will not be released until December; the exact date is not yet known.

Goodbye, EFC.

The Student Aid Index (SAI) will replace the Expected Family Contribution (EFC).

Everyone entering information on the FAFSA will need an FSA ID.

Everyone who will be providing information on the FAFSA will need an FSA ID to access the form. This year, people without a Social Security Number (SSN) will be able to obtain an FSA ID.

FSA ID will need to be matched with the Social Security Administration prior to use.

FSA ID information has always been matched against Social Security Administration records. Starting with the 2024-2025 FAFSA, an FSA ID will need to be created and matched with the SSA before it can be used to start or access a FAFSA. The matching process will take 1-3 days. We suggest creating an FSA ID at studentaid.gov before the FAFSA becomes available.

FSA ID two-step verification will be required for all.

Everyone who attempts to use their FSA ID to access a 2024-2025 FAFSA will go through a two-step verification process. It will no longer be possible to log into a FAFSA using student demographic information. When setting up an FSA ID, individuals should take advantage of every type of verification available so completing the two-step verification will be easier.

The FAFSA will be a roles-based form.

Individuals providing information on the FAFSA will see only questions related to their role. When a student logs in, they will see only questions they need to answer as a student. For dependent students, a parent will need to log in to see the questions related to their role as a parent. **Whoever starts the FAFSA first will need to identify the "contributors".** It will be critical that contributor information match the information on the contributor's Social Security card to prevent issues logging into the FAFSA.

Number of household members in college will have no impact on federal financial aid eligibility.

The SAI formula will no longer be divided by the number of household members in college. Students with multiple siblings in college may see a change in their SAI even with no change in income.

Asset exemptions are changing.

Families who receive federally means-tested benefits will not be required to provide asset information. Only families with an adjusted gross income greater than \$60,000 or those who filed certain tax return schedules will be required to provide asset information. For those required to provide asset information, there will no longer be an exemption for reporting a small family-owned business or family farm value, though primary residence and retirement plan exemptions do still exist.

Pell Grant eligibility will be expanded.

Pell Grant eligibility will continue to be calculated based on the SAI but will also be determined using Federal Poverty Tables, which take into account the family make-up, size, and income. Poverty table guidelines will be used to determine eligibility for maximum and minimum Pell Grants.

Pell Grant eligibility will be more transparent.

Because one pathway to determining Pell Grant eligibility will be based on the poverty tables, it will be possible to establish whether a student is eligible for a minimum or maximum Pell Grant even before a FAFSA has been filed. Federal Student Aid (FSA) will be releasing a new resource called the Pell Lookup Table, which will allow students and others to determine minimum or maximum Pell Grant eligibility based on their family make-up, household size, and adjusted gross income.



Trying to find a college right for you?
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U.S. DEPARTMENT OF EDUCATION

HISTORY OF LEAP YEAR

Leap years were established to **synchronize the calendar year with the solar year**¹. It takes $365 \frac{1}{4}$ days for the earth to rotate around the sun, but the calendar year is 365 days. So, to keep the calendar year in line with the seasons, an extra day is added every four years¹²³. The leap year was created in ancient Rome in 46 B.C. by Julius Caesar to standardize the length of the calendar year

Leap Day is often associated with marriage, proposals and flipping gender roles

Curiously, many Leap Day customs have revolved around romance and marriage. Tradition holds that in 5th-century Ireland, St. Bridget lamented to St. Patrick that women were not allowed to propose marriage to men. So legend has it that St. Patrick designated the only day that does not occur annually, February 29, as a day on which women would be allowed to propose to men. In some places, Leap Day thus became known as Bachelor's Day.

This tradition hopped the Irish Sea to Scotland and England, where the British added a twist—if a man rejected a woman's proposal, he owed her a debt of several pairs of fine gloves, perhaps to hide the fact that she did not have an engagement ring. In Greek tradition, however, it is considered bad luck to marry on Leap Day, and statistics suggest that Greek couples continue to take this superstition seriously.

Stephen Wood

People born on Leap Day are called 'Leaplings'

There are only about 5 million people in the whole world who were born on February 29, with the odds of being born on Leap Day standing at about 1-in-1,461. Several famous people—including actress and singer Dinah Shore (born 1916), motivational speaker Tony Robbins (born 1960) and hip-hop artist Ja Rule (born 1976)—are leaplings. Leaplings technically only get to celebrate their birthdays once every four years, but they do get to be part of an elite group.

Stephen Wood

Below is the link to apply for UPWARD BOUND

If you need a hard copy email Geri at gnauck@concord.edu

<https://botform.com/pansol.com/202225108960852>

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